



Majlis Khuddamul Ahmadiyya Australia  
(Youngmens' Auxiliary) of  
Ahmadiyya Muslim Association of Australia



Volume 1 Issue 8  
August 2009

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
*In the name of Allah, Most Gracious Ever Merciful*

# Al Masroor

Al Masroor is a monthly publication since January 2009  
by Majlis Khuddamul Ahmadiyya Australia

## The Holy Quran Surah Al- Baqarah Chapter 2: Verse 150

وَمِنْ حَيْثُ خَرَجْتَ فَوَلِّ وَجْهَكَ شَطْرَ  
الْمَسْجِدِ الْحَرَامِ وَإِنَّهُ لَلْحَقُّ مِنْ رَبِّكَ  
وَمَا اللَّهُ بِعَافِيٍّ عَمَّا تَعْمَلُونَ ﴿١٥٠﴾

And from wheresoever thou comest forth, turn thy face towards the Sacred Mosque;  
for that is indeed the truth from thy Lord. And Allah is not unmindful of what you do

## Hadith – The Hajj

Abu Hurairah (ra) narrates that the Holy Prophet (saw) said:  
“When someone performs the pilgrimage for the sake of Allah, and does not indulge  
in foul talk or commit any transgression, he becomes as pure and innocent as the day  
his mother gave birth to him.

(Mishkaat)



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## Upcoming Events

- Every Monday @ 6:30pm – Quran class in Sydney
- 23rd August - Library Expedition & First Aid Awareness (Atfal)
- 22<sup>nd</sup> August – Ramzan (subject to moon sighting)
- 30<sup>th</sup> August - Ta'lim, Tarbiyyat and Sports Day



Hazrat Mirza Ghulam Ahmad  
The Promised Messiah & Mahdi<sup>25</sup>

## The Institution of Hajj

*(Excerpt from the Writing of the Promised Messiah)*

Another form of worship is the Pilgrimage; which does not mean that a person should carry out the formality of the Pilgrimage by providing for his journey across the ocean with money lawfully or unlawfully acquired, and having repeated the prayers and formulas according to the directions of the servitors of the Kaaba, should come back and boast that he has performed the Pilgrimage. The purpose that God Almighty has appointed for the Pilgrimage is not achieved in this manner. The truth is that the last stage of the seeker's journey is that withdrawing himself altogether from the demands and desires of self he should be completely engulfed by the love of God and complete devotion to Him.

*“As there is a House of Allah here below on the earth, so there is one in heaven ”*

### Editorial Board

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A true lover sacrifices his soul and heart; and the circuit of the House of Allah is a visible sign of such a sacrifice. As there is a House of Allah here below on the earth, so there is one in heaven. Until a person performs the circuit of the House above, his circuit of the House below is not truly performed. One who performs the circuit of the House below puts aside all garments, retaining only one of them to cover his body, but he who performs the circuit of the House above discards all garments altogether and becomes naked for the sake of God. The circuit is a sign of the lovers of God. They go round the Kaaba as if they have no will of their own left and they are devoted wholly to Him.

(The Essence of Islam: Volume 2)

**NATIONS CANNOT BE REFORMED WITHOUT  
REFORMATION OF YOUTH**

# Editorial Comment

## Bismillah hir rahmanir raheem

(In the Name of Allah, The Most Gracious, Ever Merciful)

Dear readers of Al Masroor, as salaam was alaikum (peace be on you).

By the grace of Allah, Sydney held a successful 5th Ijtema on 11th and 12th July 2009. Unlike last year where the competitions were held between the 6 Halkas, this years Ijtema was held between the 3 Sydney Majlis. The Atfal events were divided between Mayaar e Sagheer and Mayaar e Kabeer. All Ilmi and Sports events were quite competitive. The Alm-e-Inami award was won by Majlis Baitul Huda.

In inter-state news, we note that Majlis ACT continued their Taleem, Tabligh and Ijtema preparations. South Australia held another successful Ijtema over 3 days in late July where the Alm-e-Inami was won by Halqa Fazl-e-Omar. Queensland now has 3 Halkas due to the growing Jamaat and they also held the first round of sports competition for their State Ijtema scheduled in August.

We have included a new section in our newsletter covering International Jamaat news. In this issue we have included a press release regarding the UK Jalsa Salana held at Hadeeqatul Mahdi in Alton highlighting that globally a total of 416,010 new converts had joined our Jamaat during the past 12 months. By the grace of Allah, we also had the opportunity to join Huzoor (ATBA) in the live initiation via MTA.

We have continued our feature on Australia and in this month focused on employment information which we hope readers will find beneficial.

Finally, we have included a report on the Jubilee Cricket Tournament held in May 2009 in UK. We have also included some comments from traveling members and their experience within this report.

By the time of our next newsletter, we will be midway through Ramadhan and the editorial team wishes all readers Ramadhan Mubarak.

Was Salaam  
Sharfraz Ahmad Rahim  
**EDITOR – Al Masroor**



**Back:** Ataul Awal Nasir Ahmad, Mohammed Irfaan  
**Front:** Murad Mahmood Khan, Rana Ejaz Ahmad (Sadr Khuddamul Ahmadiyya), Sharfraz Ahmad Rahim

## Message from the Editorial Board:

Please send any relevant information or articles of interest to us for publication.

Please also visit the following informative sites, however please note that some may not be authentic websites:

- [www.alislam.org](http://www.alislam.org)
- [www.alislam.org.au](http://www.alislam.org.au)
- [www.islam.ahmadiyya.net](http://www.islam.ahmadiyya.net)
- [www.real-islam.org](http://www.real-islam.org)
- [www.thepersecution.org](http://www.thepersecution.org)
- [www.tombofjesus.com](http://www.tombofjesus.com)

A copy of this newsletter is also available from the Khuddam page of [www.alislam.org.au](http://www.alislam.org.au)

**The Al Masroor editorial team takes full responsibility for any errors or miscommunications in this newsletter.**



## Friday Sermon

We encourage members to read Huzurs Friday sermons which can be found at:

<http://www.alislam.org/archives/y.php?y=2009&=Go>

For your benefit we have published below, a gist of Huzurs Friday Sermons from earlier this year, as provided by Ch. Hameedullah, Wakil A'Ala, Tahrik Jadid Anjuman Ahmadiyya Pakistan.

On 3<sup>rd</sup> July 2009, Ḥaḍrat Khalīfatul Masīḥ V عليه السلام delivered the Friday Sermon at Baitul Futūh Mosque, London.

Ḥuḍūr عليه السلام said: *Ar-Rāfi'* is one of Allāh's attributes and *Raf'a* means to exalt something in the physical sense and also in stature and prestige. Allāh alone is *Ar-Rāfi'*, and He is the One who grants all forms of exaltation. Allāh does not only grant exaltation to others, but is Himself exalted above everything else and His status is far higher than the reach of human comprehension.

Ḥuḍūr عليه السلام said: Allāh is Omnipresent; He encompasses everything and is closer to man than his jugular vein. His attributes are most manifest in those who are close to Him. He is otherwise hidden and cannot be conceived in material terms.

Ḥuḍūr عليه السلام said: There is no doubt that when Allāh calls a person to return to Him, he first has to die before being exalted towards Allāh. According to the Holy Qur'ān and Ḥadīth, a believer is invariably exalted towards Allāh after he dies.

Ḥuḍūr عليه السلام said: In today's battle between the truth and falsehood, we can only silence the opponent through the arguments given by Ḥaḍrat Masīḥ Mau'ūd عليه السلام. But these days there is a thinking among the younger people who have grown up in the West that since the books of Ḥaḍrat Masīḥ Mau'ūd عليه السلام are difficult to read and understand they should produce their own new literature. Ḥuḍūr عليه السلام said: there is no harm in this but whatever new literature we produce must be based on the words of Ḥaḍrat Masīḥ Mau'ūd عليه السلام. On the other hand, it is the responsibility of the Jamā'at and the auxiliary organisations to encourage young people to read the books of Ḥaḍrat Masīḥ Mau'ūd عليه السلام. If we stop reading them simply because they are difficult, we will soon find ourselves drifting away from them. The words of Ḥaḍrat Masīḥ Mau'ūd عليه السلام have an impact of their own which cannot be conveyed through paraphrasing or summarising. English speaking Aḥmadīs should buy and read the books of Ḥaḍrat Masīḥ Mau'ūd عليه السلام that have been translated and should adopt his arguments when speaking to the opponents. Urdu speaking Aḥmadīs should have the complete set of Ḥaḍrat Masīḥ Mau'ūd عليه السلام's books. It is also essential to read these books in order to gain understanding of the Holy Qur'ān. May Allāh give us the strength to do that. *Āmīn*.

On 10<sup>th</sup> July 2009, Ḥaḍrat Khalīfatul Masīḥ V عليه السلام delivered the Friday Sermon at Baitul Futūh Mosque, London.

Continuing with the theme of the previous sermon, Ḥuḍūr عليه السلام said: Allāh grants *Raf'a*, or spiritual exaltation, to His chosen Prophets both in this world and in the Hereafter. They are exalted in this world so that through their high status they may be able to bring about the spiritual reformation of mankind. Again, in the Hereafter they are granted a lofty station in heaven.



Hazrat Mirza Masroor Ahmad  
Khalifatul Masih V

### Salutations & Meanings

**sas / saw**

Salla Allaho alaihay wa sallam - Peace & blessings of Allah be on him, used for Holy Prophet of Islam, Sayyidna Muhammad, SAS

**as**

Alayhe Salam - Peace be on him, used for Prophets of God

**atba**

ayyadah Allah tala be-Nasray hil-Aziz, may Allah assist him.  
A prayer recited with Khalifat al-Masih's official title.

**Razi Allah anho**

(RA) May Allah be pleased with him. Used for a male companion of the Prophet or a revered person who has passed away

**Razi Alah anha** (RA) used for a female companion of the Prophet or revered lady who has passed away

**Caliph / Khalifa** Head of the Muslim community, literally successor (Ar. Khalifa)

**Khalifat ul-Masih** The Successor of the Messiah

**Hadhrat / Hazrat** A courtesy title used for a revered & righteous person. Holiness

**MTA** Muslim Television Ahmadiyya

**Sahib** Mr. or Esquire, implying respect.

### Majlis Bait-ul Huda



Ḥuḍūr عليه السلام said: We firmly believe that the Holy Prophet عليه السلام was the most exalted of all the Prophets. On the night of Mi'rāj, the Holy Prophet عليه السلام met various Prophets in the seven heavens, but he went higher still and reached the *Sidratul Muntahā*. In the sixth heaven, he met Prophet Moses عليه السلام, who said that he had not thought that there was a Prophet more exalted than him. All this proves that the word *Raf'a* is used solely for spiritual exaltation. Ḥaḍrat Masīḥ Mau'ūd عليه السلام says that every Prophet is granted spiritual exaltation according to his status and the degree of his nearness to Allāh.

Ḥuḍūr عليه السلام said: It is not only the Prophets who are granted *Raf'a*, for the believers also partake of this blessing. Ḥaḍrat Masīḥ Mau'ūd عليه السلام says that when a believer gives precedence to Allāh over everything else, he is exalted towards Him and granted a light, and is raised beyond the reach of Satan. Allāh describes this light as the light of *Shahāb Thāqīb*, or a meteor, which brings down Satan whenever he tries to rise above. It is essential for every believer to destroy the Satan that tries to dominate him. God has also named me *Shahāb Thāqīb*, which signifies that I have been commissioned to destroy Satan. Every believer should pray that God may grant us the power to dispel all evil thoughts and inclinations so that we may be able to overcome Satan. If we remain steadfast, then one day, by the grace of Allāh, we will succeed. May Allāh grant us the true understanding of the word *Raf'a* so that we may bring about a positive change in ourselves, attain nearness to Allāh and be able to ward off Satan's onslaughts. *Āmīn*.

## ANNOUNCEMENTS:

### Death :

- It is to inform with deep sorrow that Naseem Akhtar Sahiba passed away on 6th of July 2009 at Rawalpindi, Pakistan. She is the mother of brother Naveed Nasir Saheb (of QLD) and sister Shagufta Yasmeen Sahiba and wife of Muhammed Nasir Ahmed Saheb, president of Rawalpindi Jamaat. May her should rest in peace. Please remember her and her family in prayers.

*"Inna Lillahe-Wa-Inna Ialihe Rajeon"*

(Indeed we are for Allah and it is to Him we return)

## MAJALIS NEWS

### MAJLIS BAIT-UL HUDA

*Message from Muslim Ahmed Shahzad, Nazim Isha'at, Majlis Bait-ul Huda*

Assalam alaikum.

With the blessing of Allah, more then 80 percent of khudaam got the opportunity to participate in Sydney Ijtema. Majlis Bait ul huda won most of the the competitions and were declared the overall winner at Sydney Ijtema 2009. For both days of the Ijtema we had good numbers for Tahajjud and daily attendance was great, far better than the previous years.

A week later, members of our Majlis gathered for a meeting and celebration of the win at brother Nasir Yakub's place. We had bbq for dinner and Qaid Sahib encouraged all the members to display the same spirit during National Ijtema. We also discussed our next outing as a group, which helps build brotherhood bond between members.

We pray that God Almighty bless our Majlis members in every field of their life. wassalam.

## MAJLIS ACT

*Message from Ata-ur-Rahman, Qaid, Majlis ACT*

Assalamo Alaikum Dear Readers of Al-Masroor,

The month of July saw activity centred on taleem, tableegh and Ijtema preparations. We conducted our usual Taleem n Tarbiyyat class as well as our monthly meeting. Our Ijtema Committee also met to finalise our preparations.

Our Khaddims actively engaged in khidmat-e-khalq by visiting Maqbool Sahib in hospital. We also performed nafli roza on the last Thursday and offered daily nawafil for Khilafat and Jamaat. Furthermore numerous Khaddims performed tableegh/bookstall duty.



**Majlis South Australia**



## MAJLIS SOUTH AUSTRALIA

*Message from Imran Ahmed, Nazim Isha'at and Audio/Video, Majlis SA*

Assalamo Alaikum

For the first time Ansar-ul-Ahmadiyya and Khuddam-ul-Ahmadiyya Annual Ijtemah was held together on the 24th, 25th, and the 26th of July, 2009 at the Aldinga Mission House, Adelaide. The Sadr Khuddam-ul-Ahmadiyya and the Sadr Ansar-ul-Ahmadiyya attended the Ijtemah, as well as the Murabbi Sahib from Brisbane. Most of the Khuddam, Ansar and Atfal stayed at the Mission House for the three days during the Ijtema. We started the day with Tahajjud prayer everyday, followed by Dars-ul-Quran and Fajr Namaz.

The main Ijtema program started after breakfast. Sanat-o-Tajarat Exhibition was also held during the Ijtema where khuddam and Atfal displayed their craft and creations. The Jamaat Presidents announced the winners and gave gift vouchers.

Atfal prepared well for the Ijtema, putting on a tough competition. Halqa Fazl-e-Umar won the Alm-e-Inami by 800 points.

All the teams worked really hard to make the event a success. Langar Khana team was presented with trophies in acknowledgment of their hard work. Sadr Khuddam-ul-Ahmadiyya was very pleased with the Ijtema teams and with the work they put in to make it a success. Trophies, medals and certificates were presented to the winning khuddams, Ansar and Atfal. The Ijtema ended with a silent prayer.

I am attaching some photos of the Ijtema events i.e. sports, ilmi competitions. The group photo that is attached is the winner for this year, Halqa Fazl-e-Omar.



## MAJLIS QUEENSLAND

*Message from Q. Farooq, Nazim Isha'at, Majlis QLD*

By the grace of Allah, number of majalis of Brisbane grew to 3 this year due to increase in number of khuddam. These Majalis are Halqa Fazl-e-Umar, Halqa Al-Nasir and Halqa Al-noor.

There were 4 matches of Soccer and Cricket played to decide the winner and 3 matches of Volley Ball were played and final of Volley Ball is to be played on Ijtemah Day in August. There were 3 pool matches to decide the teams reaching finals.

In Cricket, Halqa Al-Nasir and Halqa Al-noor teams reached in final match after defeating Halqa Fazl-e-Umar. In final match, Halqa Al-Nasir batted first and scored 80 runs of 11 overs. Halqa Al-Nasir attained the required total in 9 overs for the loss of 3 wickets with Muhammad Zakaria Idrees dominating the batting line of Al-Nasir.

In Soccer, final was played between teams of Halqa AL-Noor and Halqa Fazle-e-Umar on grounds of Regents Park Soccer Fields. This final match was quite tough and interesting. In 1st half, none of the teams could score any goal despite good attempts on each others' goal posts. In 2nd half, Halqa Fazle-e-Umar got an opportunity and Qudratullah Farooq scored 1st and only goal of the match on a penalty shoot out. After this halqa al-Nasir teams had some good chances to score a goal but were unsuccessful in converting that in a goal. Halqa Fazl-e-Umar won this match by one goal to none.

There were three Volley Ball matches played between Halqajaats. Halqa Al-Nasir and Halqa Al-noor teams remained victorious over Halqa Fazl-e-Umar and final will be played on 2nd day of Ijtemah due on 1st and 2nd of August 2009.

## ATFAL NEWS:

### MAJLIS ATFALUL AHMADIYYA SYDNEY

#### Report - 5th Sydney Ijtema 2009

*Message from Mohtamim Atfalul Ahmadiyya Australia, Anwar Ul Haq Shahin saheb and Mohtamad Atfalul Ahmadiyya Australia, Haris Khan saheb*

The following reports presents a summary of the proceedings of the 5th Ijtema of Majlis Atfalul Ahmadiyya Sydney, held on the 11th and 12th of July 2009.

#### Day 1 - 11 July 2009

The Ijtema commenced with the recitation of the Holy Quran and translation of the recited verses by Nabighe Chaudhry, followed by the atfal's pledge which was read out by Muhtamim Atfalul Ahmadiyya Australia Anwar Ul Haq Shahin Sahib – who presided the session with Wudood Junood Sahib - in unison with the participants, the guests and the audience. A Nazm was then recited by Abdur Rehman.

Mr Wudood Junood Sahib then gave the opening address, highlighting and explaining to the atfal the significance of Atfalul Ahmadiyya as an auxiliary organization of the Jamaat.

The following Ilmi Competitions were then held:

- Tilawat
- Azan
- Hifz E Quran
- Speech – English
- Speech – Urdu

All competitions were held separately for Mayaar E Sagheer and Mayaar E Kabeer and there was active participation in all events. The results of each competition were compiled by the judges and announced as each event ended, and the second and third position holders were simultaneously awarded with their prizes (first position holders were awarded at the prize distribution on Day 2). The session was also attended by Ameer Sahib as a special guest.

### Majlis Atfalul Ahmadiyya



## Mathematics Trivia

### Last Time we Met.

Said Alf to Bert, "The last time we met, our ages were both prime numbers, and when I was a quarter of the age I am now, you were that age plus half the age your father would have been thirty years previous to when he was six times the age you would have been when I was half your age". Said Bert to Alf "I'm off down the pub".

How old were Alf and Bert the last time they met?

### Last Issues Answer:

Answer: 10 lockers are left open

Lockers #1, 4, 9, 16, 25, 36, 49, 64, 81, and 100.

### UK Jalsa Salana 2009



The Ijtema formally commenced after Zuhr and Asr prayers in conjunction with Majlis Khuddamul Ahmadiyya Sydney. It began with tilawat, translation and Ehad - read out by Sadr Khuddamul Ahmadiyya Australia Rana Ejaz Sahib – followed by Nazm and the flag hoisting ceremony, during which a group of atfal recited the Australian National Anthem as well. Sadr Khuddamul Ahmadiyya Australia then gave the opening address. The English Speech Competition for Mayaar E Sagheer was then held, followed by the Tug Of War Competition. The final two events of the day – Nazm and Religious Knowledge Exam - were held after Maghrib and Isha prayers. Atfal from Mayaar e Sagheer and Mayaar e Kabeer were equally divided into teams, and were asked to randomly select questions printed on folded slips placed in a bag. Each team was given ten seconds to answer the question.

### Day 2 - 12 July 2009

The following sports competitions were held:

- Cricket
- Soccer
- 100 Metre Race

The competitions were also held separately for Mayaar E Kabeer and Mayaar E Sagheer, and ended with Zuhr prayers, being the last three scheduled events. A total of 60 atfal participated in the ilmi and sports competitions during the ijtema. The Atfal then had their formal closing session with Khuddamul Ahmadiyya Australia after Zuhr and Asr prayers, which began with Tilawat and translation, followed by the Khuddam's Pledge and Nazm. The Ijtema Report was then presented by Nazim E Aa'la Usman Mahmood Sahib. This was followed by the Prize Distribution Ceremony, where medals and trophies were awarded to first position holders of ilmi competitions, and runner up and winning team members for sports events. Two special prizes were awarded by Muhtamim Atfalul Ahmadiyya Australia Anwar Ul Haq Shahin to atfal for attendance and discipline in Sunday Classes.

Naib Ameer Jamaat Nasir Kahloun Sahib then gave the concluding address, and the Ijtema then ended with Du'a.

## INTERNATIONAL NEWS

*In the Name of Allah, The Gracious, Ever Merciful*  
25 July 2009, PRESS RELEASE

### OVER 400,000 PEOPLE JOIN AHMADIYYA MUSLIM JAMAAT

The second day of the Ahmadiyya Muslim Jamaat Jalsa Salana concluded earlier today at Hadeeqatul Mahdi in Alton. The highlight of the day was the annual report of the Jamaat which was delivered by Hadhrat Mirza Masroor Ahmad in which he stated that globally a total of 416,010 persons had joined the Ahmadiyya Muslim Jamaat during the past twelve months.

During the past year His Holiness confirmed that Ahmadiyyat had spread to two new countries which were Serbia and Lithuania. This meant that the Jamaat had now been established in 195 countries of the world. Further, 1321 local branches of the Jamaat had been established worldwide. 399 Mosques had been constructed to date during the past year of which 164 were converted buildings, whilst 235 were purpose built.

The Head of the Jamaat spoke of the Waqf-e-Nau scheme which was established in 1987. Under the scheme Ahmadi parents dedicated the lives of their children prior to birth for the service of Ahmadiyyat. Initially the target had been to have 5,000 children dedicated under this scheme but to date the total had reached 39,081 children. In the past year 1945 children had been born as Waqf-e-Nau.

His Holiness commented on the success of the Tahir Heart Institute which is fast becoming known as one of the leading Cardiac Centres in Pakistan. In the past 18 months 65,000 patients had been treated at the Centre, with over 7,500 surgical procedures and 125 bypasses taking place.

The Jamaat continued to offer its services in Africa, currently there were 36 hospitals run by the Jamaat and many schools. Furthermore he reported that so far the Jamaat had installed 370 water pumps in various remote parts of Africa. Huge amounts of money was raised through the charity Humanity First which was then used for charitable projects and disaster relief worldwide.

In an address made earlier in the day His Holiness spoke about the importance of women in Islam and the respect they were afforded. He said that one aspect of Islamic faith was the wearing of Hijab which some European countries, notably France, continued to object to. Commenting upon this, he said:

Recently an Ahmadi girl who is training to be a journalist wrote to a newspaper and said that Europe and the Western States claim to be free and liberated and yet on the other hand they are trying to implement measures that would stop me and other Muslims from observing Pardah which we do freely and with pride. How can this be freedom?

His Holiness went on to say that according to a tradition of the Holy Prophet Muhammad (peace be upon him) paradise lay at the feet of a persons mother. However His Holiness clarified that this was only the case when the mother taught her child between right and wrong and herself was an example to the child. If the mother fulfilled this duty then truly paradise would lie at her feet.

The Jalsa was addressed by a number of eminent guests including the Shadow Home Secretary, Chris Grayling MP who brought greetings from David Cameron and the rest of the Tory party. He said that he truly appreciated the fact that the Jamaat ~looked outwards and not inwards and also its vast charitable efforts. Tom Cox who served as an MP for many years called himself a member of the Jamaat because he said he shared its principles of tolerance, peace and love for all. Other distinguished guests congratulated the Jamaat on another successful event in which the true purpose was to develop peace and brotherhood between all.

End of Release  
Further info: Abid Khan [press@ahmadiyya.org.uk](mailto:press@ahmadiyya.org.uk)

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## General: Australia – Australian Employment Information

There are a variety of job opportunities in Australia. From retail to trade, hospitality to construction. The demand for specific industries varies across the different cities, towns and states of Australia. Travellers generally prefer casual work whilst in Australia, which is relatively easy to obtain and suits a traveller's requirements.

Finding a job soon after you arrive in Australia is a great way to gain income, meet

### Top Health Tips

- **A garlic a day:** Garlic is the mother of all cures. Researchers in Liverpool have found that 5ml of garlic extract lower levels of a disease-causing chemical by up to 48 per cent.
- **Eat wholegrain foods:** Make sure you have whole-grain bread, rice or pasta at least four times a week and you will reduce the chance of having cancer by 40 per cent.
- **Eat plenty of fish:** Fish is the recommended diet for a longer healthier life. Studies have found that those who regularly ate fish were up to one-third less likely to get heart disease than those who ate it less than once a month.
- **Stop smoking:** Do not smoke your health away. Nicotine patches, gums or inhalers might work for some individuals, or other methods, from hypnosis to acupuncture. More you are to smoke, more likely you are to develop cancer or heart disease.
- **Water spells health:** Water flushes out the toxins. A good amount of liquid intake helps the entire system and of course is best for curing skin ailments. The average man needs 2.9 litres, or about 12 cups of water, a day and woman needs about 2.2 litres.
- **Cut back on salt:** Health Organisation recommend no more than five grams a day. Too much salt can lead to stroke and heart problems.

### Khuddam Syllabus for the month of August

Hifze Quran Surah Al Ghashia  
Chapter 88

Prayers On entering the Mosque  
and leaving the Mosque  
On entering the Home  
and leaving the home.

Qaseedah Couplets 17-18

Hadith Against backbiting

Exam Book Women In Islam

Reading Hamari Talim (Our  
Teaching)

new people and find your feet in the area. Jobs allow further insight into the Australian culture and give you some great experience to take with you both on your journey and when you return home. You can use the search box provided below to search for available jobs in your area.

Generally in Australia you will require the following when job searching and when you have gained employment:

- Tax file number
- Resume (CV)
- Contact number

A tax file number (TFN) is a unique number allocated to a person by the Australian Tax Office. You are required to have a TFN if you wish to work in Australia. You can apply for a TFN either online through [www.ato.gov.au](http://www.ato.gov.au) or return the appropriate form to your local ATO Agency. Once allocated this number will stay with you for life - you do not need to apply again.

A resume is a vital tool for any job hunting endeavour. A resume outlines your past experience, achievements, personal characteristics and qualifications. This information offers a potential employer valuable insight into your ability to do the job well.

It is important to be honest regarding your capabilities when compiling your resume. Doing this will ensure that you are hired for the job that is right for you. Consider including references or the contact details of past employers, teaching professionals etc which will provide further confirmation of your past achievements and ability.

If you are looking for employment in Australia it is recommended that you open an Australian bank account. The majority of employers in Australia will prefer to pay you electronically. Please see our Australian Banking section for information regarding the required identification and different Australian banks available.

Before seeking work in Australia you should be aware of the constraints of your visa. Some visas do not allow you to work whilst visiting the country or have restrictions on the type of work you are permitted to do and the amount of money you may earn.

You may consider applying for a 'Working Holiday Visa.' You may apply for this visa if you are between 18 and 30 years of age and looking at staying in Australia for up to 12 months. Under this visa you may obtain casual or temporary work throughout the 12 month stay, however, you may not work for the same employer for more than 3 months.

You may satisfy the criteria for a Skilled Workers Visa, whereby the Government grants a visa for persons skilled in specific occupations where there is a known shortage. There are particular industries where Skilled Workers are currently in demand including\*:

- Mining
- Hospitality
- Furniture Making
- Trades
- Construction
- Health Services
- Automotive
- Urban and Town Planning

This is a guide and in no way a comprehensive list. Demands for Skilled Workers varies within the different states, as do the required occupations.

# Majlis Khuddamul Ahmadiyya Australia 5th Annual Sydney Ijtema Report

*Message from Sharfraz Ahmad Rahim, Nazim Isha'at Sydney Ijtema in consultation with Usman Mahmood, Nazim-e-Aala Sydney Ijtema 2009*

## Saturday 11th July 2009

### Day 1 – Session 1

By the grace of Allah, the 5th Annual Sydney Ijtema for Majlis Khuddamul Ahmadiyya Australia commenced at 5am on Saturday 11th July 2009 at Baitul Huda Mosque with Tahajjud and Fajr prayers offered in congregation and led by Abdul Ahad saheb. This was followed by Dars-e-Quran and hadith. Details of pool draw for the sports competition was also relayed.

At 6am, registration booth was opened and members were also served breakfast around this time. The first soccer pool match were to start at 6.30am but had to be delayed by an hour due to heavy fog. Soon after the soccer pool matches, the cricket pool matches resumed. Since we were ahead of schedule, we also had the 100 metre race as well as shot put competition.

Lunch was served at 1pm followed by combined Zuhr and Asar prayers.

### Day 1 – Session 2 (opening session)

The opening session commenced at 2pm with the flag hoisting ceremony conducted by Rana Ejaz Saheb, Sadr Khuddamul Ahmadiyya Australia and Ahmad Jawaad Khan, Qaid Majlis Baitul Huda. National Anthem was then sung by members followed by silent dua.

Soon after members went into the main hall for the official program chaired by Rana Ejaz saheb. It began with the recitation and translation of the Holy Quran by Atif Zahid saheb. The Khuddam pledge was taken by Sadr saheb next with the Khuddam repeating the words after him. A moving nazm by Imran Chandio saheb was next on the agenda. This was followed by the opening address by Sadr saheb. He mentioned that a lot of work had been put in by volunteers and asked everyone to cooperate with the nazimeen, qaideen and volunteers. He stressed that we should put our best in both ilmi and sports competitions. He also appreciated Majlis Al-Sadaqats efforts in organising their first Majlis Ijtema in Sydney and asked other Majlis to follow their example. He also advised that we should pray for the success of the Ijtema before leading silent prayers.

The Ilmi competition started at 3pm with Tilawat competition, followed by Hifz-e-Quran competition, Urdu and English speech competition.

The session concluded with combined Maghrib and Isha'a prayers at 5.10pm and followed by dinner.

### Day 1 – Session 3

At 6.30pm, members made their way back into the main hall for the continuation of ilmi competition. The session began with Nazm competition followed by Spontaneous Speech competition. After this the team events kicked off with Religious Knowledge competition and concluded with Bait Bazi competition.

This finalised Day 1 of the Sydney Ijtema.

## Sunday 12th July 2009

### Day 2 – Session 1 /

The second day of the Sydney Ijtema began the same as the previous day with congregational Tahajjud and Fajr prayers at 5am led by Mirza Imran saheb. This was followed by Dars-e-Quran and hadith.

## Sydney Ijtema Khuddam





**Jubilee Cricket Tournament**



The first competition started at 6am with Message Relay. Breakfast was served next followed by Table Tennis competition. At 8.30am, the Volleyball pool matches were played. The final was played soon after as well with Majlis Al Noor declared winners.

The sports competition continued at 9.30am with the final for the Soccer competition (won by Majlis Baitul Huda) and immediately followed by the Cricket final (won by Majlis Baitul Huda). After this, we had the final competition, Tug-o-war which is always a crowd favourite. This was a close match eventually won by Majlis Baitul Huda.

At 12.30pm, members made their way to the Langar Khana for some well deserved lunch after a hard days of physical workout. Combined Zuhr and Asar prayers followed.

### **Day 2 – Session 2 (Closing session)**

We all gathered at the main hall at 2pm for the final session chaired by Nasir Kahloon saheb, Naib Ameer. The session began with the recitation and translation of the Holy Quran by Sayed Tariq saheb. Sadr saheb then led the Khuddam pledge and all members recited after Sadr saheb. This was followed by a Nazm by Harris Khan saheb.

We were fortunate to have Wadood Janud saheb, originally of Adelaide but who now is a student at Jamia in Canada. He is a product of Waq-fe-Nau scheme and gave a very moving and inspiring presentation on the purpose of ones life. He did raise awareness on what we will say to our Creator if He asked us what we did with our lives in this world.

The Ijtema report was presented by Usman Mahmood saheb, Nazim-e-Aala Sydney Ijtema 2009. He thanked all members for their support and participation in the past two days and hailed the 2009 Sydney Ijtema a great success. The total attendance for the past two days were 140 Khuddam and 61 Atfal on Day 1 (total 201); 150 Khuddam and 65 Atfal on Day 2 (total 215). There were also a number of Ansar brothers present on both days.

Unfortunately we did not have the MTA photo presentation due to some technical difficulties. The Prize distribution ceremony was next on the Agenda. All second and third prizes were awarded immediately after the competition and only the first prize awards were presented in the concluding session. The Atfal ceremony were held first for Atfal followed by the Khuddam. All prizes were distributed by Wadood Janud saheb.

After this, Sadr saheb made the big announcement of the winning Majlis which was Majlis Baitul Huda, with the Qaid of the Majlis, Jawwad Ahmad Khan saheb receiving the winning Shield.

Finally, Nasir Kahloon saheb delivered the concluding address. He congratulated the winning Majlis and reminded everyone that there is always something new to learn from such events and gathering. He encouraged members to actively participate and assist in all Khuddam and Jamaat functions.

The session was officially closed with silent dua led by Naib Ameer saheb.

## **Jubilee Cricket Tournament – UK 2009**

*Report from Mashood Ahmad Bajwa, Naib Sadr Khuddamul Ahmadiyya Australia*

Majlis Khuddamul Ahmadiyya Australia was given the responsibility by Ameer sahib Australia to select a cricket team and participate in Jubilee Cricket Tournament in UK on 23rd, 24th and 25th May 2009.

Majlis Khuddam-ul-Ahmadiyya Australia convened an Amla meeting on 29/4/09 at Baitul Huda Mosque at 7.30pm. During the meeting the Majlis Amla approved a committee to make the arrangements. Committee members were;

Mashood Ahmad Bajwa – Sadr  
 Nasir Yakub – Sectary  
 Waqas Ahmad - member  
 Nadeem Ahmad - member  
 Romeo Istifa Hassan - member

First committee meeting was held on 4/5/09 and Sadr Majlis Khuddamul Ahmadiyya Australia chaired this meeting. Following items were discussed:

#### Selection Criteria

- Ability to play cricket and physically fit.
- Committee members have known or seen him playing cricket during Ijtema or other competitions.
- Obedient and disciplined
- Willingness to go UK

#### Team

- 1) Rana Ejaz Ahmad
- 2) Mashood Ahmad Bajwa
- 3) Waqas Ahmad
- 4) Waseem Ahmad
- 5) Tahir Khan (Qld)
- 6) Hafiz Sohail Rana (Qld)
- 7) Ata Ul Qayyum Arif (Qld)
- 8) Nadeem Ahmad Mirza
- 9) Rizwan Habib
- 10) Taha Ahmad Munir
- 11) Ata ul Hadi (Gurmanjeet Mand)
- 12) Nadeem Ahmad Nasir

#### Uniform

- Green & gold sandwich cap with tournament name “Masroor International Cricket tournament – Khilafat Jubilee 2008 – 09” printed.
- Green and gold tracksuit with tournament name “Masroor International Cricket tournament – Khilafat Jubilee 2008 – 09” printed.

First group of 8 khuddam left on Wednesday 20th May 2009 to UK and reached on 21st. Second group of three khuddam left on 21st May 2009 and reached on 22nd. We were warmly welcome by member of the tournament committee. Transport was arranged from airport to Baitul Fatuh and accommodation was also arranged in Baitul Fatuh by UK Jamaat. Every one in UK welcomed us, noticeable Ameer saheb UK said to us number of time that “Aap logoon kay aanay ki to humain sub say zyada khushi hai, aur hamari khuwaish hai kay aap log jeetay”.

On 22nd May at 8:30pm, a meeting was held and all captains were briefed about the rules and regulation, schedule and kits were also handed to captains.

Tournament started on 23rd May 2009 at 9:00am. Australia played their first pool match against Holland which was won by Australia by fifty runs and second match against UK Green which was won by UK Green. Australia qualified for the quarter finals as runner up in the pool. Australia played quarter final against Germany which was convincingly won by Germany. Canada were the overall winners of the inaugural tournament and Germany were runner up.

Hazur ATBA was present and enjoyed the second inning of the final. Hazur ATBA distributed the prizes and led the dua. Sadr Majlis Khuddamul Ahmadiyya presented a shield to Hazur ATBA on behalf of Australia Jamaat.





Masroor International Cricket tournament was part of century of khilafat celebration. Alhamdulla, 12 khuddam sacrificed their time and money to participate in this historic event. Khuddam not only participated in 20/20 cricket tournament but also offered prayer behind Kalifatul Messiah ATBA, had dinner with our beloved Hazur ATBA and also had the opportunity to meet Hazur ATBA individually. Khuddam also had the opportunity to meet some of jamaat office bearers in UK.

Khuddam also went to city to see the famous landmarks in London which was thoroughly enjoyed by all.

It was a blessed occasion and every khuddam enjoyed very much. Gurmanjeet Mand (newly converted brother) also took part in this trip and during visit, Hazur ATBA named him "Ata ul Hadi".

This was a memorable trip for all khuddam. All khuddam not only enjoyed the cricket carnival and hospitality of UK jamaat but this trip was also spiritually very beneficial for all khuddam.

*Below are some further comments from other khuddam participants:*

**Rana Ejaz Ahmad, Sadr Majlis Khuddamul Ahmadiyya:**

It was only with Allah's blessing that Australia took part in Masroor International 20 twenty tournament. It was a great challenge to organize in less than a month - players, uniform, getting all the permissions, required information, arranging flight ticket, etc. I can not stop myself saying Jazakomullah to all those who helped in this very critical time especially Mashood Ahmad Bajwa saheb, Istafaq Hassan Khan saheb (Romeo) and Ashfaq Ahmad Sahib.

Everyone take part in this tournament for Jamaat Ahmadiyya Australia and Khuddam ul Ahmadiyya Jazakomullah Ahsan ul Jaza. On behalf of Jamaat Ahmadiyya Australia and Khuddam ul Ahmadiyya I am grateful to tournament organizer. Jazakomullah

One day, the respected tournament organizer came up to me and said that if we are to give a fair play award for best model, team AUSTRALIA deserves this award Alhamdulillah.

I pray and hope that when ever we hear a call from our dearest Khalifat ul Massiah ATBA, Khuddam ul Ahmadiyya Australia should be the first one to say YES Inshallah we will do it.

**Mirza Nadeem Ahmad:**

The organisation of the Cricket tournament was excellent and could be compared with many international events. Grounds hired by UK Jamaat were regular Cricketing venue in Morden and professionally Managed on all three days. Large number of spectators attended all three days of Cricket and more than thousand people were in attendance during the final match when Huzoor (atba) blessed this tournament with his presence. Cricket itself was very competitive and a few teams had players with First Class Cricket experience. UK team mostly consisted of players from UK's National league. This was the only tournament I have been involved over the years where all spectators (in big numbers) were served free lunch at the venue.

An amazing event that we all witnessed was when prior to Final Match weather became stormy with wind gust and heavy rains. Many people thought it would be impossible to conduct the Final match in this weather, however Ameer Sahib UK were present at the time and led Prayer for weather to improve. Within 10 minutes of the silent prayer weather became clear, whole match and concluding ceremony was completed without any further interruption.

Huzoor made the concluding speech in which he appreciated the quality of the cricket and led the concluding Prayers. Winning team Canada and runners up Germany received their prizes from Huzoor.

Due to Khalifatul Masih's presence these days when an Ahmadi Muslim visits London, all other activities become secondary as their main objective becomes to meet and see Huzoor atba and follow as many prayers led by Huzoor. We were lucky enough to be given opportunity to offer Friday Prayers in close vicinity of Huzoor. A lot of our team members traveled to London Mosque on every opportunity to offer prayers led by Huzoor. Another highlight of this tournament was Dinner hosted by the organizing committee that was graced by Khalifa-tul-Masih's presence and Australian team was once again given table closest to our beloved Khalifa. Huzoor called our captain and Sadr Sahib and exchanged some light hearted comments regarding our progress in the tournament. On the way out once again Huzoor came to our table and had brief discussion with some members. To my knowledge our team along with the Canadian team were only two teams that were granted individual Mulaqats with Huzoor.

I have played Cricket with many teams in different tournaments however the spirit in which this tournament was played, the friendship and respect shown for the opposing teams and officials was incomparable to any other event. I left UK with great experience, many new friends and pray for all members of organizing committee who left no stone unturned to make our stay memorable. This experience will remain part of my pleasant memories forever.

#### **Waqas Ahmad:**

When I first heard of this international 20/20 I was so happy and thanked Allah that our Jamaat was organising such event at this level for the first time. I prayed from the beginning that this tournament be a huge success so Jamaat can hold it annually or biyearly. From that moment I kept having thoughts that InshaAllah one day our Jamaat will hold an International Ijtema, like mini Olympics. How great would that be!

This tournament was organised at the highest of levels. From transport to and from Airport and from Bait-ul Fatuh to the grounds full courtesy was given to all overseas players. I remember landing at Heathrow Airport and seeing so many people from Asian background and there I saw the sign stating "Masroor 20/20 Cricket Tournament". I was very impressed. We were advised of the departure times well in advance and the best thing was to see that all matches and program started on time.

The food was great and best of quality. It was very hard to stop your self from eating as the Baryani was delicious! But knowing we had matches to play our team managers were keeping a close eye on every one's diet.

For me it didn't really sink in that we will be in London for this great event until we received our uniforms - the Green & Gold with "Australia" on the back and "Masroor 20/20" on the front. The grounds were in top grade conditions. I thoroughly enjoyed playing in the beautiful weather and on great pitch. Hitting the ball felt sweet and you always got rewarded for good shots. The highlight for me was watching and experiencing the quality of cricket and players. I was happy (not surprised mind you) to see that our Jamaat has some really great cricketers. The level of competition was very professional and all games were played in best of the spirits, Love for All and Hatred for None.

I sincerely hope that this tournament remains ongoing and InshAllah one day Australia gets the honour of hosting this event.

#### **Ata ul Hadi (Gurmanjeet Mand):**

On Friday we rested for a little while and soon it was time for the Juma prayer. I was very nervous; praying behind Huzur held a lot of importance for me as I had only seen Huzur in videos and pictures. It was the first opportunity that came my way to see Huzur, I was overwhelmed to simply lay my eyes on Huzur's face. I had never seen such a charismatic personality; words are not enough to explain the true charisma on Huzur's face.

The tournament started on Saturday with an official welcome speech by Ameer of UK. The matches were recorded by MTA international and the teams were provided





with official team uniform and proper cricketing gear. The tournament was successfully concluded on the third day with Huzur's final session speech.

On the blessed day of 27th May, 2009, I finally met Huzur in a one on one meeting. It was 6pm in the evening and the weather was crisp while I was waiting outside with other guests and friends who were in waiting to meet Huzur. I had so many concerns in my thought as I was anxious to meet Huzur. With the passage of every minute, my heart rate increased many folds. I heard my name and I took a deep breath as the moment had at last arrived. Very nervously I opened the door and saw Huzur sitting in his office. One thing which took my breath away; as I never expected it to happen was that Huzur stood up to greet me. I was overwhelmed by the warmth and respect I received from Huzur. I found it very unusual for a personality like Huzur to stand up to greet me. The meeting lasted a few minutes and it was a heavenly experience.

I was in an emotional rollercoaster throughout my stay in London as people I met were very warm and welcoming. I wish this tournament is organised every year and I would want every Khuddam to at least participate in the tournament once.

